

## PLATTEVILLE FAMILY RESOURCE CENTER, INC.

## COMMUNICATIONS AND SOCIAL MEDIA POLICIES

The Platteville Family Resource Center policies on communications and social media are designed to protect your confidentiality as well as the important relationship between you and your therapist. Please read the following policies and sign at the bottom of the page.

- I will not "friend" request therapists on social networking sites including, but not limited to, Facebook and LinkedIn. I understand that this can compromise privacy and also complicate our helping relationship.
- I will not interact with my therapist or any other PFRC therapist over the internet. I will bring questions and concerns to counseling sessions.
- Unless we have specifically discussed it, I will not record any of our meetings or any phone conversation. All of our discussions will be private and confidential.
- I will not follow therapists on any type of site including, but not limited to, blogs, twitter, or any other social media. If there are personal thoughts and feelings I want to share, I will bring them to counseling sessions.
- I will sign a waiver of liability if I choose to take notes from our session.
- I will not call, text, or email my therapist on their personal devices including private and commercial staff email addresses. I understand that these forms of communication can be misdirected, intercepted, inadvertently discovered, or purposefully hacked. If I need to reach a therapist, I will call the clinic.
- I will not take pictures of any PFRC therapist or place pictures of them on the internet without their permission.

Therapists will not respond to any inappropriate forms of communication. I agree that I have read and understand the Communications and Social Media policy and I will comply with all terms and conditions. I also understand that violating these policies will not be tolerated and will be addressed by discretion of the therapist.

Signature of Patient	Date	
Signature of Authorized Person	Date	
Signature of Therapist	 Date	